**Discussion**

**YouVersion Bible Plan**

Make sure students check out the Bible Plan associated with this series:

*Untangling Truth*

**Big Question**

What is a popular idea that clashes with what Jesus teaches?

**Discussion Questions**

1. What stood out to you the most from the message? What’s one thing you learned?

2. What is a tangled teaching that might be popular, but isn’t really true? Have you ever seen it tangle you up, or any of your friends?

3. What’s your answer to today’s Big Question? *Printed above*

4. Read Ephesians 4:14-15 NLT *(printed on this guide)*. Why do some people try to trick others with lies that are so clever they sound like truth? What does this verse teach us to do so we won’t be influenced by clever lies?

5. What are some “popular thoughts” that sometimes tangle you up? *Show the Untangled Teachings activity supplement for ideas to suggest if needed.*

6. What is one of God’s truths that you really need to remember this week?

7. Talk to kids about what’s on their minds and hearts and bring those things to God in prayer together.

**Notes/Announcements**

*Tell your students about the *YouVersion Bible Plan* and encourage them to complete it together as a group or with their families using Plans with Friends.*

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**Icebreaker Question**

What’s something completely false that you used to believe was true when you were little?

**The Verse**

**Ephesians 4:14-15 NLT**

*Then we will no longer be immature like children. We won’t be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth. Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.*
Say: Sometimes, people say things that sound really good, but they’re not always true. But God’s truth is always true—even when it doesn’t necessarily “feel” good. Let’s play a game to see if you can figure out the difference between popular thoughts and God’s truth.

1. **Give** each kid an Untangled Teachings activity sheet and a pencil.

2. When you say, “Go!” **give kids about 15-20 seconds to unscramble the first phrase** on their sheet and choose whether it belongs to the category of “popular thoughts” or “God’s truth.” **Note:** Some phrases are difficult and kids might not be able to solve them in time. That’s okay! Keep moving so you’ll be able to get through as many phrases as possible.

3. Any kid who wants to **guesses** what the phrase may be and says whether it’s just a popular thought or God’s truth.

4. **Read** the unscrambled phrase from the Untangled Teachings activity supplement. **Talk about** whether it’s just a “popular thought” or “God’s truth” and why.

5. Kids give themselves one point for each correctly unscrambled phrase and one point for each correctly chosen “popular thoughts” or “God’s truth” answer.

6. **Repeat** steps 2-5 for each phrase on the activity sheet as time allows.

7. **Celebrate** the kid who scored the most points!
1 Yourself true to be

2 Heart your follow always

3 Bible the teaches truth God’s us

4 I right learn can wrong and what’s

5 Right must be it good if feels it

6 Son Jesus of is God the

7 To out figure you things own on your have

8 Feelings sometimes wrong are true about is what my

9 Always working God is good for together things

10 Easy if person good you’re a be will life your
1. **Be true to yourself.** *Popular Thoughts*
   This one’s tangled up because God DOES want you to be unique in the way He created you to be. But, if you’re only true to yourself, you may follow a lot of sinful paths instead of God’s good way.

2. **Always follow your heart.** *(Or: Follow your heart, always.)* *Popular Thoughts*
   This one can seem so right. But, it’s like the first one. The real truth? Always follow God’s heart for you.

3. **The Bible teaches us God’s truth.** *God’s Truth*
   The Bible is an excellent source of God’s truth. 2 Timothy 3:16 teaches us that the Bible can be trusted to teach us what is true.

4. **I can learn what’s right and wrong.** *God’s Truth*
   Absolutely! God can teach you through the Bible, through trusted teachers and adults, through lessons learned here in Loop, and many more ways. If you need wisdom to know what’s true, just ask God for it! James 1:5 says God will give it to you.

5. **If it feels good, it must be right.** *(Or: It must be right if it feels good.)* *Popular Thoughts*
   Uh oh. Here we are again. Our feelings cannot be trusted to lead us to what is right. They’re too tangled up in sin. If you feel like something’s right, check it against what the Bible says. Ask a trusted adult for help.

6. **Jesus is the Son of God.** *God’s Truth*
   He sure is! This is a truth you can build your life around. He was witnessed by many people in His life, in His death, and in His resurrection! He said He was God’s Son. His miracles and resurrection prove it! See Matthew 3:16-17 for a time when God spoke from heaven saying Jesus was His son!

7. **You have to figure things out on your own.** *Popular Thoughts*
   Nope. Not true. You don’t have to figure things out for yourself at all. See the answers from numbers 3 and 4 to fight this lie!

8. **My feelings are sometimes wrong about what is true.** *(Or: Sometimes, my feelings are wrong about what is true.)* *God’s Truth*
   Always trusting your feelings is a quick path to foolishness. (See the answers for numbers 1, 2, and 5!)

9. **God is always working things together for good.** *God’s Truth*
   Thank God this is true! See Romans 8:28. God works all things together for good for His children.

10. **Your life will be easy if you’re a good person.** *(Or: If you’re a good person, your life will be easy.)* *Popular Thoughts*
    Um, just … no. It’s so common to think that if you’re “good” then you’ll have a good and easy life. It’s just not always true. First off, only God is truly good! Second, life isn’t always fair. Sometimes bad things happen to people who are trying their best to live for God. The great truth? God is with you through it all. He will comfort you and help you through every difficult thing that may happen to you.